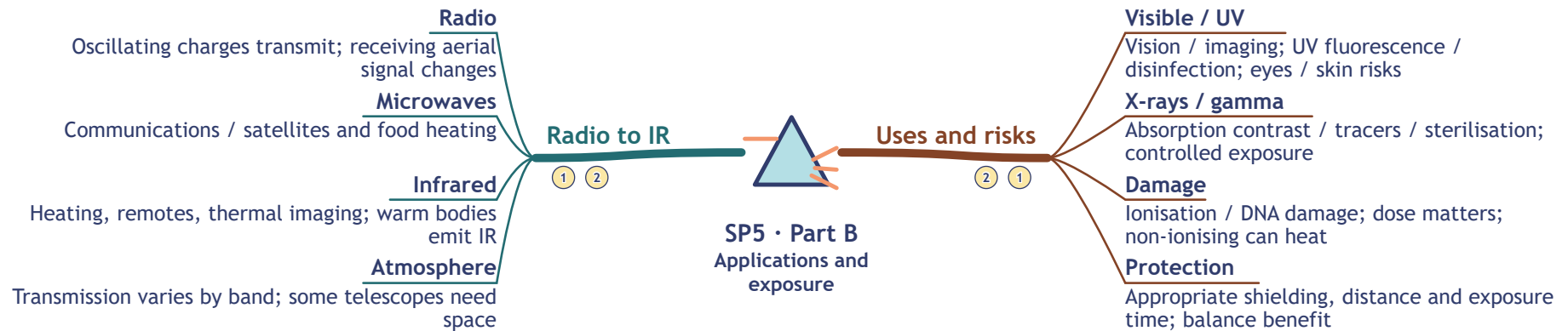




1. Radio to IR → Uses and risks: Different bands have useful effects and potential exposure risks.
2. Uses and risks → Radio to IR: Non-ionising radiation can still cause heating damage.