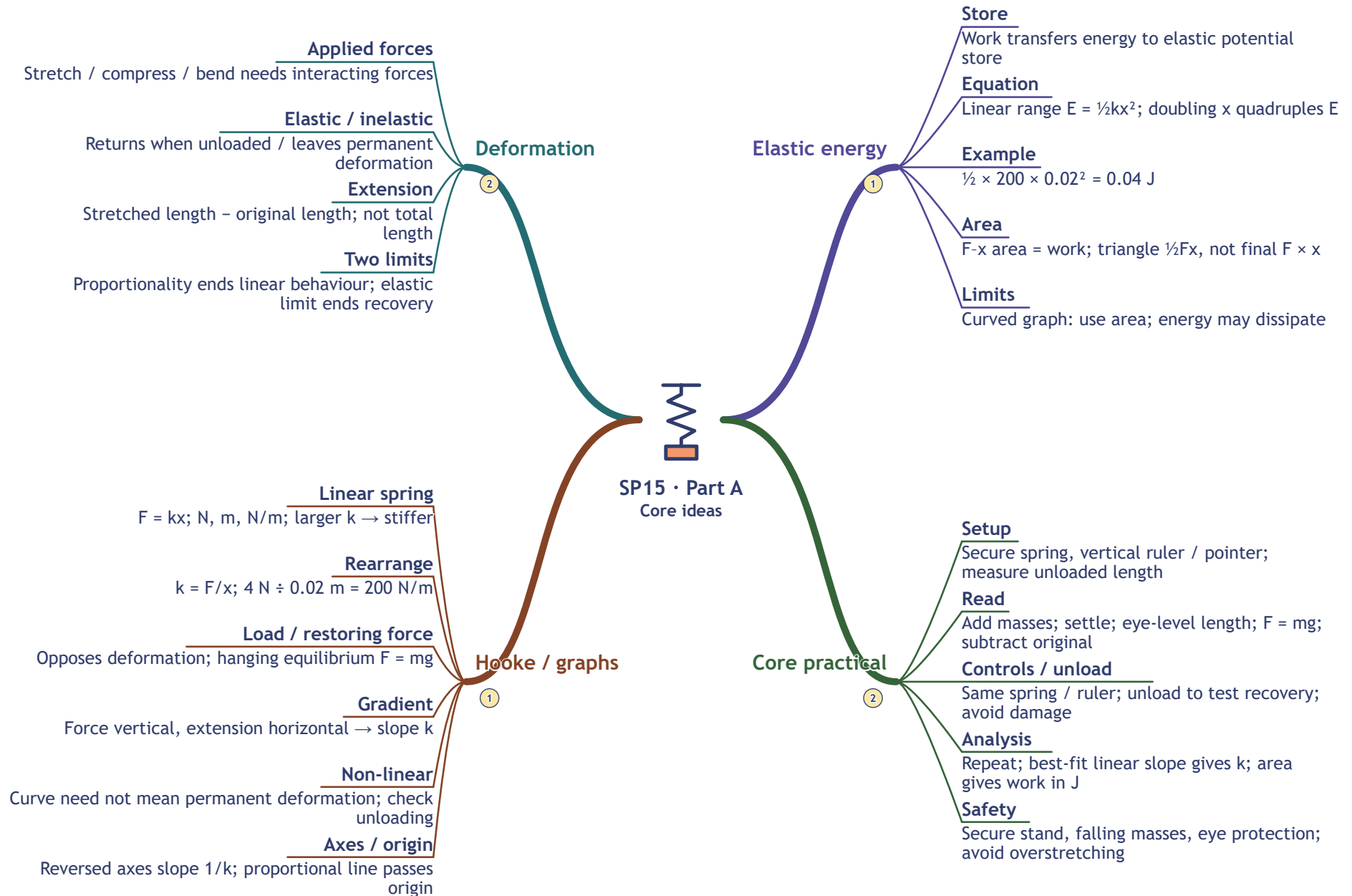




1. Hooke / graphs $\rightarrow$ Elastic energy: Force-extension area gives work stored in a linear spring.
2. Deformation $\rightarrow$ Core practical: Unloading distinguishes elastic from permanent deformation.